

**13 South Asian Games 2019 Nepal**  
**Gold Medal List**

Sl No	Discipline	Name	Events	Result	Gold
1	Archery	Mohammad Tamimul Islam Mohammad Hakim Ahmed Rubel Md Ruman Sana	Recurve Men Team	Gold	1
2		Mst Ety Khatun Mahanaz Akter Monera Beauty Ray	Recurve Women Team	Gold	1
3		Md Ruman Sana Mst Ety Khatun	Recurve Mixed Team	Gold	1
4		Mohammad Ashikuzzaman Ashim Kumar Das Md Sohel Rana	Compound Men Team	Gold	1
5		Susmita Banik Suma Biswas Shamoli Ray	Compound Women Team	Gold	1
6		Susmita Banik Md Sohel Rana	Compound Mixed Team	Gold	1
7		Md Ruman Sana	Recurve Men	Gold	1
8		Mst Ety Khatun	Recurve Women	Gold	1
9		Md Sohel Rana	Compound Men	Gold	1
10		Suma Biswas	Compound Women	Gold	1
11	Cricket (M)	Mohammad Saif Hassan Md Naim Sheikh Aif Hossain Dhrubo Md Zakir Hasan Md Najmul Hossain Shanto Yasir Ali Chowdhury Syed Mnhajul Abedin Afridi Sumon Khan Mahidul Islam Bhuiyan Ankon Md Tanvir Islam Md Manik Khan Md Mehede Hasan Soumya Sarkar Mahadi Hasan Hasan Mahmud	Team	Gold	1
12	Cricket (W)	Joty Nigar Sultana Khatun Murshida Islam Sanjida Rahman Ayasha Hoque Pinky Fargana Mostary Sobhana Khatun Fahima Sultana Shamina Khatun Salma Alam Jahanara Akter Nahida Moni Mst Ritu Kubra Khadiza- Tul Chakrabortty Puja Rabeya	Team	Gold	1
13	Fencing	Fatema Mujib	Womens Sabre Individual	Gold	1
14	Karate	Md Al Amin Islam	Kumite -60 KG (M)	Gold	1
15		Marzan Akter Priya	Kumite -55 KG (W)	Gold	1
16		Humaira Akther Antara	Kumite 61 KG (W)	Gold	1
17	Taekwondo	DIPU CHAKMA	Men's Individual Poomsae	Gold	1
18	Weightlifting	Ziarul Islam	96 kg	Gold	1
19		Mabia Akter	76 kg	Gold	1
<b>Total</b>					<b>19</b>

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**Silver Medal List**

Sl No	Discipline	Name	Events	Result	Silver
1	Athletics	Mahfuzur Rahman	High Jump	Silver	1
2	Boxing	Md Robin Mia	56kg	Silver	1
3	Fencing	Vodu Mondol Gopal Chandra Das Md Abdur Rahim Md Intiaz	Men's Epee Team Event	Silver	1
4		Md Mahbubur Rahman Swapan Kumar Chakma Md Efta Kharul Alam Bipul Md Khayruzzaman	Men's Sabre Team Event	Silver	1
5		Rubel Mia Md Saddam Hossain Md Rakib Mia Md Rezaul Karim	Men's Foil Team event	Silver	1
6	Golf	Mohammad Farhad	Men Individual	Silver	1
7		Md Shomrat Sikder Md Shafique Bakha Md Shahab Uddin Mohammad Farhad	Men Team	Silver	1
8		Jakia Sultana	Women Individual	Silver	1
9		Sonya Akther Nasima Akther Jakia Sultana	Women Team	Silver	1
10	Karate	Muhammad Mostofa Kamal	Kumite 55 KG (m)	Silver	1
11		Mounjera Borna	Kumite 45 KG (W)	Silver	1
12		Mounjera Borna Marzan Akter Priya Humaira Akther Antara Naima Khatun	Team Kumti (women)	Silver	1
13	Kho-Kho (m)	SK Abdur Rahman Lalrinkom Bawn Langchhai Khumi Md Mokles Khan Sonil Tripura Vanramlom Bawm Mongchinghai Marma Ali Hossen Md Hasibul Islam Ganthichandro Tripura Md Sultan Ahmed Md Idil Pramanik Milton Bowm Mohammad Ali Zeret Bawm	Team event	Silver	1
14	Shooting	Sharmin Akter Ratna Ummey Zakia Sultana Sayeda Atkia Hasan	Women 10M Air Rifle Team Event	Silver	1
15		Md Yousup Alli Abdullah Hel Baki Md Shovon Chowdhury	Men 50M Air Rifle 3 Position (team event)	Silver	1
16		Sharmin Akter Ratna Sayeda Atkia Hasan Umme Zakia Sultana	50m Rifle 3 position (w)	Silver	1
17		Ardina Ferdous	10M Air Pistol (Women)	Silver	1
18		Abdullah Hel Baki Syeda Atkia Hasan	10M Air Rifle (mixed event)	Silver	1
19		Abdur Razzak Md Shakil Ahmed Md Sabbir Alamin	10M Air Pistol Men (Team)	Silver	1

20	Swimming	Md Ariful Islam	50m Breaststroke (M)	Silver	1
21		Juwel Ahmed	400m Individual Midley	Silver	1
22		Md Mahamudun nobi Nahid Md Asif Reza Juwel Ahmmed Md Ariful Islam	4X100m Medley Relay (M)	Silver	1
23	Weightlifting	Mainul Islam	102kg	Silver	1
24		Fulpati Chakma	55 kg	Silver	1
25		Rajkumar Roy	55kg	Silver	1
26		JUHORA KHATON NISHA	81 kg	Silver	1
27		Md Shakayet Hossain Pranto	89 kg	Silver	1
28		Rokeya Sultana Sathy	71 kg	Silver	1
29	Wrestling	Rimy Sarker	55kg	Silver	1
30		Airin Akter Nipa	(W) 59kg	Silver	1
31	Wushu	Mohammad Omor Faruk	Men's Chan Quan Thaulo	Silver	1
32		Morzina Akter	Nanquan Nanda alround event	Silver	1
33		SHOJIB HOSSAIN	MEN'S 56 KG	Silver	1
		Total			33

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### Bronze Medal List

SI No	Discipline	Name	Events	Result	Bronze
1	Archery	Ashim Kumar Das	Compound Men	Bronze	1
2	Athletics	Al-Amin	Long jump (M)	Bronze	1
3	Boxing	Sura Krishna Chakma	60kg	Bronze	1
4		Md Sojib Hossain	49kg	Bronze	1
5		Mohammad Al Amin	64kg	Bronze	1
6		Md Abdur Rahim	69kg	Bronze	1
7		Mohammad Arif Hossain	75kg	Bronze	1
8		Mst Onita Islam	52kg	Bronze	1
9	Badminton	Mohammad Salman Khan Urmi Akter	Mix doubles	Bronze	1
10	Fencing	Asma Akter Mosammat Munjila Akter Nazma Khatun KAMRUNNAHAR	Women's Epee Team Event	Bronze	1
11		Fatema Mujib Chadni Akter Farjana Easmin Nipa Miss Nazia Khatun	Women's Sabre Team Event	Bronze	1
12		Mohima Akter Mou Mst Tanjila Akter Shopna Sanjida Nazira Khatun	Women's Foil Team event	Bronze	1
13		Rubel Mia	Men's foil individual	Bronze	1
14		Md Efta Kharul Alam Bipul	Mens Sabre Individual	Bronze	1
15		Mohima Akter Mou	Womens Foil Individual	Bronze	1
16		Md Imtiaj	Mens Epee Individual	Bronze	1
17		Football (M)	Anisur Rahman Mahfuz Hasan Priton Md Pappu Hossain Bishwanath Ghosh Md Rahmat Mia Md Yeasin Khan Md Tutul Hosain Badsha Jamal Bhuyan Biplo Ahmed Md Saad Uddin Mohammad Nabib Newaz Ziban Mohammad Rabiul Hasan Mohammad Al-Amin Rakib Hossain Mohammad Arifur Rahman Mohammad Ibrahim Riyadul Hasan Yasin Arafat Sushanto Tripura Mahbubur Rahman	Team Event	Bronze

18	Handball (W)	Most Silpi Akther Mosammat Masuda Akter Mosammat Rubina Begum Mst Maina Begum Mosammat Sifa Most Najira Akter Sumy Bagum Shirina Akter Nur Jahan Mst Ashia Akter Falguni Biswas Khaleda Sultana Khadiza Khatun Mst esrat Jahan Eva Alpona Akter Mst Sonia Begum	Team Event	Bronze	1
19		Tahamida Tabassum Toma Jerin	52 KG (W)	Bronze	1
20		Ukroi Marma	63 KG (W)	Bronze	1
21		Dousuising Chowdhury Kanta	70kg	Bronze	1
22		Fareena Khanom	78kg	Bronze	1
23		Nur Alam	81kg	Bronze	1
24	Judo	AMIRUL ISLAM NUR ALAM MD JAHANGIR ALAM MD ABUL KALAM AJAD MD MAMUNUR RASHID TAHAMIDA TABASSUM TOMA JERIN SINGMA PRU MARMA UKROI MARMA DOUSUISING CHOWDURY KANTA FARINA KHANOM KADER FAHEE	Team event	Bronze	1
25	Kabaddi (M)	Md Masud Karim Md Zakir Hossain Anwer Hossain Md Sabuj Mia Md Asraful Shaikh Monirul Chowdhury Md Abdul Momin Md Fardous Sheikh Mohammad Nasir Uddin Md Jahangir Alam Md Hasan Ali Jahed Shaikh	Team Event	Bronze	1
26	Kabaddi (W)	Shahanaj Parvin Maleka Sharmin Sultana Rima Rupali Akhtar Shraboni Mollick Hafiza Akther Tukuki Akhter Disha Moni Sorker Laky Akter Sree Moti Sorosoti Rani Roy Brishti Biswas Meybi Chakma Rekha Aktery		Bronze	1

27	Karate	Humaira Akther Antara	Individual Kata (w)	Bronze	1
28		Mohammad Hasan Khan	Individual Kata (m)	Bronze	1
29		Md Shahed Ahmed Monowur Hossain Bappi Md Arif Hossain	Team Kata (m)	Bronze	1
30		Nu May Marma Karima Khatun U Hla May Marma	Team Kata (w)	Bronze	1
31		Muhammad Ramzan	Kumite 84 KG (m)	Bronze	1
32		Md Atiqur Rahman	Kumite +84 KG (M)	Bronze	1
33		Famida Akter	Kumite 50 KG (W)	Bronze	1
34		Sabuj Mia	Kumite (Men) -50 kg	Bronze	1
35		Abida Sultana	Kumite (Women) +68 kg	Bronze	1
36		MOHAMMAD AL AMIN ISLAM MOHAMMAD RAMZAN MOHAMMAD ATIQRUR RAHMAN MOHAMMAD HAFIZUR REHAMAN MD LOKMAN HOSSAIN MOHAMMAD HOSSAIN KHAN MOHAMMAD FEDEROUS	Team Kumtie (M)	Bronze	1
37		MOREOM KHATUN BIPASHA	Kumite (W) -68 kg	Bronze	1
38		Md Ferdaus	Kumite (M) -67 kg	Bronze	1
39	Kho-Kho (w)	Mosammat Anira Sanjida Akter Shathi Mst Suruvi Khatun Sumaiya Akter Akhi Moni Mosammat Farzana Akter Shohana Khatun Khadiza Khatun Riya Akter Urmia Akter Sharaban Tahura Most Rasheda Akter Asma Khatun Sumaya Sultana Lamia	Team event	Bronze	1
40	Shooting	Abdullah Hel Baki	10m Air Rifle (men)	Bronze	1
41		Abdullah Hel Baki Md Rabbi Hasan Munna Md Robiul Islam	Men 10m Air Rifle (Team event)	Bronze	1
42		Ardina Ferdous Nilufa Yasmin Anjila Amzad Antu	Wome 10M Air Pistol (Team)	Bronze	1
43		Shakil Ahmed Ardina Ferdous	10M Air Pistol (mixed event)	Bronze	1
44	Swimming	Junaina Ahmed	200 M free style	Bronze	1
45		Junayna Ahmed	400m Individual Medley (W)	Bronze	1
46		Junaina Ahmed	800m free style	Bronze	1
47		Junayna Ahmed	200M Butterfly	Bronze	1
48		Mahmudunnobi Nahid	100 M butterfly	Bronze	1
49		Faisal Ahammed	1500m Freestyle (M)	Bronze	1
50		Faisal Ahammed	400m Freestyle (M)	Bronze	1
51	Mohammad Mahfizur Rahman Faisal Ahammed Md Asif Reza Md Ariful Islam	4X200m Freestyle Relay (M)	Bronze	1	

52	Table Tennis	MASUD RANA PARAG MD JAVED AHMED MD IMRAN HOSSAIN MD HASIBUR RAHMAN MD RIFAT MAHMUD SABBIR	Team Event (male)	Bronze	1
53		SONAM SULTANA SOMA SADIA RAHMAN MOU	Team event (women)	Bronze	1
54	Taekwondo	KAMRUL Islam	Individual Poomsae	Bronze	1
55		Anika Akter	Individual Poomsae	Bronze	1
56		MEHADI HASAN	Individual Poomsae	Bronze	1
57		NUR NAHAR AKTER	Individual Poomsae	Bronze	1
58		MOUSUME DIPU CHAKMA	Pair Poomsae	Bronze	1
59		NOORUDDIN HUSAIN MISS RUMA KHATUN	Pair Poomsae	Bronze	1
60		SHISHIR AHMED JOY KAMRUL Islam NOORUDDIN HUSAIN	Men's Team Poomsae	Bronze	1
61		MISS RUMA KHATUN SUMIYA Imrose Anika Akter	Wome's Team Poomsae	Bronze	1
62		Rasel Khan	87kg	Bronze	1
63		Salma Khatun	67kg	Bronze	1
64		Weightlifting	Firoja Parvin	87kg	Bronze
65	Mostain Billah		61kg	Bronze	1
66	Molla Sabira		49kg	Bronze	1
67	FAYEMA AKTHER		59kg	Bronze	1
68	Md. Abdullah Al Mumin		(M) 109 kg	Bronze	1
69	Wrestling	abdur rashid howlader	97 kg	Bronze	1
70		Sarot chanra roy	(M) 86kg	Bronze	1
71		Sharmin Akter	(W) 65kg	Bronze	1
72		Lucky Akter	(W) 62 kg	Bronze	1
73		Rozi Akter	(W) 72 kg	Bronze	1
74		Tithy Roy	68kg	Bronze	1
75		Shaikh Shipon	74 kg	Bronze	1
76	Wushu	Nur Baher Begum	Women's Chan Quan Thaulo	Bronze	1
77		Md Robal Khan	Sanda (-80kg)	Bronze	1
78		Salim Ahmed	Sanda (-75kg)	Bronze	1
79		Saki Akter	Sanda (-56kg)	Bronze	1
80		Basona Khondkokar	Sanda (-70kg)	Bronze	1
81		Rita Biswas Puja	Sanda (-60kg)	Bronze	1
82		Milon Ali	(-60 kg)	Bronze	1
83		Rakib Hossain	(-65kg)	Bronze	1
84		MD RASEL HOSSAIN	MENS GUNSHU ALL-ROUND	Bronze	1
85		Dipty Das	Taiji Taijijin alround event	Bronze	1
<b>Total</b>					<b>85</b>